

Maxi-B Complex

Delivering a blend of readily assimilated B vitamins

Delivering a wide spectrum of B Vitamin ingredients including vitamin B-6 in the form of P-5-P. This formula is suitable for consumption by vegans.



Quantity: 60
(30-60 days' supply)

Type:
Capsules

Code:
CH018

Actual capsule size:



SUITABLE FOR: VEGANS ✓

Ingredients per capsule:

%EC NRV

Choline (as bitartrate)	60mg	-
Hydroxypropyl Methylcellulose (capsule shell)		-
Pantothenic acid (as Calcium Pantothenate)	60mg	1000%
Inositol	60mg	-
Niacin (as Nicotinamide)	50mg NE	312%
Vitamin B6 (as Pyridoxal-5-phosphate)	30mg	2143%
Vitamin C (as Ascorbyl Palmitate)	12mg	15%
Para Benzoic Acid (PABA)	25mg	-
Vitamin B1 (as Thiamine Hydrochloride)	12mg	1091%
Vitamin B2 (as Riboflavin)	12mg	857%
Folic acid (folate: as Calcium L-methylfolate)	100µg	50%
Biotin	100µg	200%
Vitamin B12 (as Methylcobalmin)	30µg	1200%

%EC NRV = Nutrient Reference Value

Directions for use:

Take 1-2 capsules daily or as directed by your chosen adviser.

Store in a cool, dry environment and out of direct sunlight.

Cautions:

Do not exceed the stated recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Keep out of the reach of children.

Suitable for vegans and many of those on a restricted diet.



**WE DO NOT INVEST
IN ANIMAL TRIALS**



**UK LABEL COMPLIANCE
REVIEWED**



**REGISTERED BY
THE VEGAN SOCIETY**



**100%
GMO FREE**